



OFFICIAL INVITATION

Dear NF President,

We are pleased to invite your teams to the International EMF-Antalya Muaythai Open Cup's 2019 held in the beautiful city of Antalya, Turkey.

We would like to extend an invitation to your National Muaythai Team to come to Antalya to compete and again enjoy Turkish hospitality. The event will be held from the 10 to 15 December 2019.

The International EMF-Antalya Muaythai Open Cup's 2019 will include youth and senior divisions. For the youngest ones special Wai Kru and Muay Boran competitions will be traditionally organised to highlight the cultural aspect of Muaythai. We invite you to register your team and officials on the ifmalive.com registration platform.

We are looking forward to welcome you and your delegation in Antalya Turkey. Yours sincerely,

Gennady Trukhanov
President
EMF-European Muaythai
Federation

Halil Durna
President of Turkish Muaythai
Federation Member Board Directory of
International Federation Muaythai of
Amateur - IFMA

Hasan Yıldız
Vice President of European
Muaythai Federation-EMF
Deputy President of Turkish
Muaythai Federation-TMF



Rules and Regulations

The Rules and Regulations presented hereafter are in accordance with the current rules and regulations of the International Federation of Muaythai Amateur (IFMA).

Minimum and Maximum Age Limits

- A contestant in the Senior Male or Senior Female Division must be at least 17 years old, but not more than 40 years old.
- A contestant in the U23 Male Division must be at least 17 years old, but not more than 23 years old.
- A contestant in the Junior 16-17 Male or Female Division must be at least 16 years old, but not more than 17 years old.
- A contestant in the Junior 14-15 Male or Female Division must be at least 14 years old, but not more than 15 years old.
- A contestant in the Junior 12-13 Male or Female Division must be at least 12 years old, but not more than 13 years old.
- A contestant in the Junior 10-11 Male or Female Division must be at least 10 years old, but not more than 11 years old.

*For any clarification on this rule, please see: <http://www.ifmamuaythai.org/technical-reference/muaythai-rules/25-minimum-maximum-age-limit/>

Participating Teams

- All EMF Members (*with membership fees paid up to 2019) are invited to participate at the championships.
- Event is open to all IFMA members national federations and clubs under NFs.
- EMF-Antalya Muaythai Open allows more than one athlete per weight division

Medical Check-up and Weigh-in

All contestants competing in the EMF-Antalya Muaythai Open Cup's must have a Medical Check-up and Official Weigh-in on the opening day of the Championships outlined in the technical handbook. Each contestant must then have a Medical Check-up and Weigh-in in the morning of their competition for each bout. Boxers Record Book (Membership Books) must be presented at every Medical Check-up.

As per IFMA Rule 23, all contestants must have in their possession, the IFMA Medical Declaration form (<http://www.ifmamuaythai.org/wp-content/uploads/2018/06/IFMA-Medical-Declaration-for-Athletes-V.7.pdf>) signed by an authorised doctor of medicine, stating that prior to leaving his country he was in good physical condition and not suffering from any injury, infection or disability liable to affect his capacity to box in the country being visited. The medical declaration form cannot be older than 6 months and should be in the ENGLISH language. For participants competing in the 16-17 Age Division, the Medical Declaration form must be accompanied by laboratory results for HIV, Hepatitis B and Hepatitis C. In the case that laboratory reports are in a language other than English, it is the responsibility of the National Federation to ensure that the documents are officially translated and certified and those translations submitted together with the documents. All abovementioned forms should be uploaded to the participant's online registration for smooth processing.

Participants that are entering only the Muay Boran, Muay Aerobic or Wai Kru competitions are not required to submit to the medical check and do not need to submit the medical declaration form.

Other requirements

A contestant must be of the same nationality as the National Federation, which has entered them. Proof of identity, will be established by production of a passport or an official document or its copy from the country for which the competitor has been entered, along with a Boxer Book upon registration/weigh in. If a competitor has more than one nationality, such competitor can only represent one country and thereafter may not represent any other country, until after a period of three (3) years has elapsed. If the two federations concerned desire, they can ask IFMA to reduce or even to suppress this delay in conformity with the IFMA Rules and Regulations. The IFMA Executive Board reserves the right to allow participants to represent the country of which they are a permanent residence instead of their passport nationality, given that the boxer has never represented the country of origin on their passport.



Minimum and Maximum Age Limits for Youth Wai Kru Tournament

- Contestants entered in the Under 10s category must be no older than 10 years old at the first day of the event (10th December 2019).
- Contestants entered in the 11-13 Yrs category must be at least 11 years old, but not more than 13 years old at the first day of the event (10th December 2019).
- Each demonstration must include a 1-minute of wai kru. 5 judges will give points to the contestants based on the inclusion of all 8 weapons, execution, style & technique.

Divisions of the EMF-Antalya Muaythai Open Cup's 2019 Competition

***Note: If there are less than 2 entries in any division, the competition will not be held for that division.*

SENIOR VETERANS MALE AND FEMALE

YOUTH VETERAN 35-40 YEARS OLD,

MEM: -60kg - 65kg – 70kg -75kg - 85kg - 95kg - + 95kg

WOMEN:-50kg - 55kg - 65kg - 70kg -75kg - 85kg - +85kg

VETERAN 41-46 YEARS OLD,

MEM: -60kg - 65kg – 70kg -75kg - 85kg - 95kg - + 95kg

WOMEN:-50kg - 55kg - 65kg - 70kg -75kg - 85kg - +85kg

SENIOR VETERAN 47-55 YEARS OLD,

MEM: - 65kg – 70kg -75kg - 85kg - 95kg - + 95kg

WOMEN:- 55kg - 65kg - 70kg -75kg - 85kg - +85kg

SENIOR ELITE MALE AND FEMALE

MEN: 48-51-54-57-60-63,5-67-71-75 -81 -86 -91 +91 Kgs,

WOMEN: -45-48-51-54-57-60 -63,5 -67 -71 -75 +75 Kgs,

U23 MALE AND FEMALE

MEN: -45 -48 -51 -54 -57 -60 -63,5 -67 -71 -75 -81 -86 -91 +91 Kgs

WOMEN: -45-48-51-54-57-60 -63,5 -67 -71 -75 +75 Kgs,

JUNIOR 16-17 YEARS MALE AND FEMALE

MEN: -45 -48 -51 -54 -57 -60 -63,5 -67 -71 -75 -81 -86 -91 +91 Kgs

WOMEN: --42 -45 -48 -51 -54 -57 -60 -63,5 -67 -71 -75 +75 Kgs

JUNIOR 14-15 YEARS MALE AND FEMALE

MEN: --38 -40 -42 -45 -48 -51 -54 -57 -60 -63,5 -67 -71 -75 -81 +81 Kgs

WOMEN: -36 -38 -40 -42 -45 -48 -51 -54 -57 -60 -63,5 -67 -71 +71 Kgs

JUNIOR 12-13 YEARS MALE AND FEMALE

MEN: -34 -36 -38 -40 -42 -44 -46 -48 -50 -52 -54 -56 -58 -60 -63,5 -67, -71 +71Kgs

WOMEN: -32 -34 -36 -38 -40 -42 -44 -46 -48 -50 -52 -54 -56 -58 -60 -63,5 +63.5 Kgs

JUNIOR 10-11 YEARS MALE AND FEMALE

MEN: -30 -32 -34 -36 -38 -40 -42 -44 -46 -48 -50 -52 -54 -56 -58 -60 -63,5 -67 +67 Kgs

WOMEN: -30 -32 -34 -36 -38 -40 -42 -44 -46 -48 -50 -52 -54 -56 -58 -60 +60 Kgs

Divisions of the Round Competition rules

All categories (Current IFMA International Competitions Rules)



Awards and Prizes

In each division, the winner of the Final bout will be the Champion and awarded with the Gold medal. The other finalist will receive the Silver medal and 2 Bronze medals will be awarded to the 2 semi-finalists. The team with the highest points total will receive International EMF-Antalya Muaythai Open Cup's 2019.

Venue and Date

The International EMF-Antalya Muaythai Open Cup's 2019 will be held at the Turkey Antalya, from the 10 to 15 December 2019, the Opening Ceremony will be held on the 11 December 2019 at 14.00. Finals competition and medals ceremonies will take place on 15 December 2019.

Visa Requirement:

European Union Countries and many Asian Countries don't need visa for entry to Turkey. If you need visa please request for your special attention toward visa requirements to enter the Turkish Embassy in your Country.

Training:

Facilities will be provided for training at the Official Hotel and sport gym. Details during the 'Team Manager Meeting'.

Team Manager:

Kindly bring a National Flag to use at the closing ceremony.

Accreditation & Accommodation Event Rates: <http://lara.kervansarayhotels.com.tr/> 5 star Hotels

Those who stay outside the IFMA Rspartz system (Hotel Accommodation), can not participate in any activate of International EMF Antaya Open Cup,

All participants are obliged to stay at the official event hotels. Those whom do not will not receive accreditation necessary to participate in the event.

Early Bird Participant Fee in Triple rooms per person 45,00 EURO,

Early Bird Participant Fee in Twin rooms per person 50,00 EURO,

Early Bird Participant Fee in Single room person 75,00 EURO,

Standard Rate Participant Fee in Triple rooms per person 55,00 EURO,

Standard Rate Participant Fee in Twin rooms per person 60,00 EURO,

Standard Rate Participant Fee in Single room person 90,00 EURO,

****Early Bird room rates will apply ONLY to bookings made before 01th of November 2019 and paid in FULL by bank transfer no later than 15th November 2019. On site payments will be charged the standard room rate. Transfer from airport to Hotel and return to airport per person 15,00 Euro, Uniform Orders two t-shirts one shorts set each person 55,00 Euro***

Rates include:

FB Accommodation All inclusive without alcohol, (Breakfast, Lunch, Dinner and soft drinks)

Deadlines:

Entry by Number & Uniform Estimate **01th of November 2019**

Entry By Name & Uniform Orders **05th of November 2019**

Team Registration: <https://emf.rspartz.com/>

One technical official per team has accommodation and board covered by the Turkish Muaythai Federation,



EVENT PROGRAM

10th December 2019

10.00 - 18.00	Arrivals, Registration/control
18.00 - 19.00	Meeting Referee & Judge
19.00 - 20.00	Team Manager Meeting and draw
20.00 - 21.00	Dinner

11 December 2019

07.00 - 08.00	Weigh-in and Medical Check-up They will have competition during in day,
09.00 - 10.00	Meeting and Referee & Judge
10.30 - 11.00	Opening ceremony
11.00 - 13.00	Start of the Competition
12.30 - 14.00	Lunch
14:00 - 19:00	Competition
19.30 - 21.00	Dinner

12 December 2019

07.00 - 08.00	Weigh-in and Medical Check-up They will have competition during in day,
09.00 - 10.00	Meeting and Referee & Judge
11.00 - 13.00	Competition
12.30 - 14.00	Lunch
14:00 - 19:00	Competition
19.30 - 21.00	Dinner

13 December 2019

07.00 - 08.00	Weigh-in and Medical Check-up They will have competition during in day,
09.00 - 10.00	Meeting and Referee & Judge
11.00 - 13.00	Competition
12.30 - 14.00	Lunch
14:00 - 19:00	Competition
19.30 - 21.00	Dinner

14 December 2019

07.00 - 08.00	Weigh-in and Medical Check-up They will have competition during in day,
09.00 - 10.00	Meeting and Referee & Judge
11.00 - 13.00	Competition
12.30 - 14.00	Lunch
14:00 - 19:00	Competition
19.30 - 21.00	Dinner and VIP-Dinner for Countrys Representatives

15 December 2019

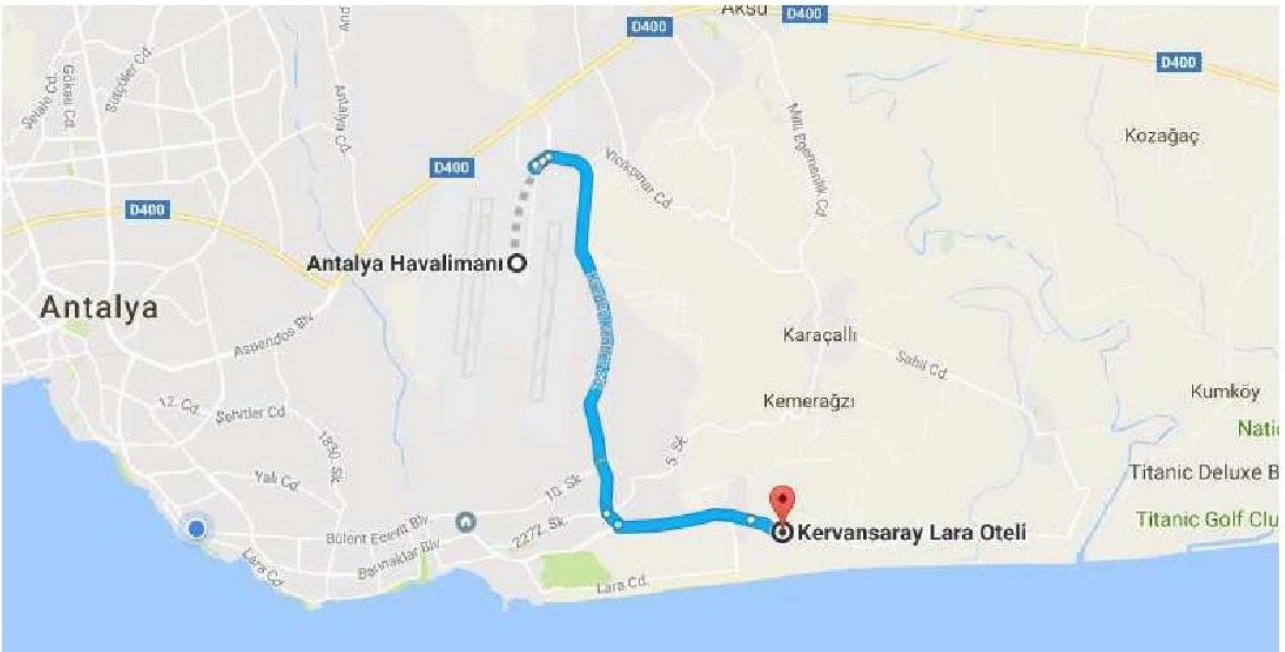
07.00 - 08.00	Weigh-in Medical Check-up They will have competition during in day,
09.00 - 09.30	Meeting and Referee & Judge
11.00 - 13.00	Competition
12.30 - 14.00	Lunch
14.00 - 19.00	Finals of the competition and medals ceremonies
19.30 - 21.00	Dinner
22.00 - 24.00	Goodbye Party

16 December 2019

07.00 - 24.00	Departures
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Accommodation : HOTELS: <http://lara.kervansarayhotels.com.tr/>



Antalya Havaalanına; 10 Dk,
Antalya Oto Gar; 20 Dk,

Antalya Airpot to Hotel 10 Min,
Antalya Bus Station 20 Min



Accommodation : HOTELS: <http://lara.kervansarayhotels.com.tr/>

