



European Muaythai Championships 2019, Minsk, Belarus

Official Event Dates: 3 -11 November

3rd November - Arrivals / weight and medical verification

4th November - Late arrivals weight and medical verification // Draw

5th November - Preliminary bouts// Opening Ceremony

10th November - Final bouts

11th November - Departure

All EC 2019 participants are obliged to obtain accreditation in order to enter the event. The accreditation includes accommodation, three daily meals, transfer from/to airport, right to compete at the EC2019.

All participants must be registered to the event via the registration platform (ifmalive.com) and must have a valid IFMA membership on the platform (\$20USD/year).

All teams will have transfers from/to Minsk International Airport on 3rd, 4th, 11th November. Transportation is included in the accreditation fee.

Accreditation fee will depend on the room type and length of stay:

Single Room Rate 115 EUR per person/per night

Standard Twin Rate 95 EUR per person/per night

A minimum stay at the official hotel (from 4th to 10th November) is required to receive accreditation for the European Muaythai Championships 2019.

Uniform – each participants should obtain the competition uniform set.
The uniform fee is 50 EUR.

Deadlines: Entry by Number & Uniform Estimate 1st October 2019
Entry By Name & Uniform Orders 20th October 2019





Visa

All participants arriving to Belarus through the Minsk International Airport will have 30 days visa free. Please see the details for visa requirement on the [Official Website](#) of the Republic of Belarus. Teams arriving to Minsk Airport via Moscow will be required to have visa.

Refund/Cancellation Policy

Cancellations made less than two (2) days prior to the arrival date will incur a 100% charge.

Cancellations made between three (3) and fourteen (14) days prior to the arrival date will incur a 50% charge.

Cancellations made less than fifteen (15) days prior to the arrival date will incur a 10% charge.

Method of Submission: Entry by Numbers, Team Registration & Uniform Orders should be made on [ifmalive.com](#)

Payment Details:

There are options for accreditation payment.

1. Direct transfer. At the last stage of your registration you will have an option Direct Transfer. If you choose this option you will receive an email with the invoice for bank transfer.
2. Payment on arrival at the registration desk.





IFMA/EMF European Muaythai Championships 2019

3 November – 11 November 2019

Minsk, Belarus

Event Schedule

Sunday Nov 3, 2019

10.00 - 22.00	Arrivals/Registration	Hotel
14.00 - 19.00	Weight verification / medical check	Hotel
19.00	R&J Meeting	
20.00 - 22.00	Dinner	Hotel

Monday Nov 4, 2019

10.00 - 22.00	Arrivals/Registration	Hotel
14.00 - 19.00	Weight verification / medical check	Hotel
19.00	Team manager meeting / Draw	
19.00	R&J Meeting	
20.00 - 22.00	Dinner	Hotel

Tuesday Nov 5, 2019

06.00	Training facilities Open	
07.00 - 09.00	Weigh-In & Medical Check	Hotel
09.00 - 11.00	Referees and Judges Course	Hotel
13.00 - 14.00	R&J Briefing Venue	
14.00	Preliminary bouts – Opening Ceremony	Venue
22.00	Training facilities Closes for the day	

Wednesday Nov 6, 2019

06.00	Training facilities Open	
07.00 - 09.00	Weigh-In & Medical Check	Hotel
09.00 - 11.00	Referees and Judges Course	Hotel
13.00 - 14.00	R&J Briefing Venue	
14.00	Preliminary bouts	Venue
22.00	Training facilities Closes for the day	





Thursday Nov 7, 2019

06.00	Training facilities Open	
07.00 - 09.00	Weigh-In & Medical Check	Hotel
09.00 - 11.00	Referees and Judges Course	Hotel
13.00 - 14.00	R&J Briefing	Venue
14.00	Preliminary bouts	Venue
22.00	Training facilities Closes for the day	

Friday Nov 8, 2019

06.00	Training facilities Open	
07.00 - 09.00	Weigh-In & Medical Check	Hotel
09.00 - 11.00	Referees and Judges Course	Hotel
10.00 - 12.00	Executive Board Meeting	Hotel
13.00 - 14.00	R&J Briefing	Venue
14.00	Semi-final bouts	Venue
22.00	Training facilities Closes for the day	

Saturday Nov 9, 2019

06.00	Training facilities Open	
07.00 - 09.00	Weigh-In & Medical Check	Hotel
10.00 - 12.00	EMF AGM	Hotel
13.00 - 14.00	R&J Briefing	Venue
14.00	Final bouts	Venue
22.00	Training facilities Closes for the day	

Sunday Nov 10, 2019

06.00	Training facilities Open	
07.00 - 09.00	Weigh-In & Medical Check	Hotel
13.00 - 14.00	R&J Briefing	Venue
14.00	Final bouts for the selected categories female, male EC & Medal Ceremonies	Venue
22.00	Training facilities Closes for the day	

Monday Nov 11, 2019

Departures





Rules & Regulations // EC2019

The Rules and Regulations presented hereafter are in accordance with the current rules and regulations of the International Federation of Muaythai Associations (IFMA) approved by the Technical Committee and the Executive Board of IFMA.

Athlete Eligibility

The 2019 IFMA/EMF European Muaythai Championships (Elite Divisions and 12-13, 14-15, 16-17 years divisions) are open to all athletes that satisfy the following eligibility criteria. Entries are accepted from any national federation affiliated to IFMA. In countries where there does not yet exist a member National Federation, IFMA reserves the right to accept entries on a basis of special invitation.

Athlete eligibility: All competitors must satisfy the following conditions to be considered an “eligible athlete”:

- A contestant in the Senior Elite Male or Senior Female Division (IFMA/EMF European Championships) must be at least 17 years old, but not more than 40 years old.
- A contestant in the Junior 16-17 Male or Female Division must be at least 16 years old, but not more than 17 years old at the first day of the event (4th November).

A contestant in the Junior 14-15 Male or Female Division must be at least 14 years old, but not more than 15 years old at the first day of the event (4th November).

A contestant in the Junior 12-13 Male or Female Division must be at least 12 years old, but not more than 13 years old at the first day of the event (4th November).





Other requirements

- A contestant must be of the same nationality as the National Federation, which has entered them. Proof of identity will be established by production of a passport or an official document or its copy from the country for which the competitor has been entered, along with a Boxer Book upon registration/weigh in. If a competitor has more than one nationality, such competitor can only represent one country and thereafter may not represent any other country, until after a period of three (3) years has elapsed. If the two federations concerned desire, they can ask IFMA to reduce or even to suppress this delay in conformity with the IFMA Rules and Regulations.
- The IFMA Executive Board reserves the right to allow participants to represent the country of which they are a permanent residence instead of their passport nationality, given that the boxer has never represented the country of origin on their passport.

Participating Teams

- National teams of all IFMA/EMF Members (*with membership fees paid up to 2019) are invited to participate at the championships.
- Each country is allowed to send only one national team to participate in the championships.
- Each team is allowed to send only one contestant for each weight category of each division (male, female).
- For every 6 athletes entered, each team MUST enter at least 1 Team Technical Official (R&J)





Divisions of the Competition

Elite 17-40 years

KG	Elite M	Elite F
45		✓
48	✓	✓
51	✓	✓
54	✓	✓
57	✓	✓
60	✓	✓
63.5	✓	✓
67	✓	✓
71	✓	✓
75	✓	✓
75+		✓
81	✓	
86	✓	
91	✓	
91+	✓	

Youth 16-17 years

KG	16-17 M	16-17 F
42		✓
45	✓	✓
48	✓	✓
51	✓	✓
54	✓	✓
57	✓	✓
60	✓	✓
63.5	✓	✓
67	✓	✓
71	✓	✓
75	✓	✓
+75		✓
81	✓	
86	✓	
91	✓	
+91	✓	

Youth 14-15 years

KG	14-15 M	14-15 F
36		✓
38	✓	✓
40	✓	✓
42	✓	✓
45	✓	✓
48	✓	✓
51	✓	✓
54	✓	✓
57	✓	✓
60	✓	✓
63.5	✓	✓
67	✓	✓
71	✓	✓
+71		✓
75	✓	
81	✓	
+81	✓	

Youth 12-13 years

KG	12-13 M	12-13 F
32	✓	✓
34	✓	✓
36	✓	✓
38	✓	✓
40	✓	✓
42	✓	✓
44	✓	✓
46	✓	✓
48	✓	✓
50	✓	✓
52	✓	✓
54	✓	✓
56	✓	✓
58	✓	✓
60	✓	✓
63.5	✓	✓
+63.5		✓
67	✓	
71	✓	
+71	✓	





Medical Check-up and Weigh-in

All contestants must have a Medical Check-up and Official Weigh-in on the opening day of the Championships. Each contestant must then have a Medical Check-up and Weigh-in in the morning of their competition for each bout.

Boxers Record Book (Membership Books) must be presented at every Medical Check-up. As per IFMA Rule 23, all contestants must have in their possession, the IFMA Medical Declaration form which can be found at: (<http://www.ifmamuaythai.org/technical-reference/athletes-medical-declaration-form/>) signed by an authorised doctor of medicine, stating that prior to leaving his country he/she was in good physical condition and not suffering from any injury, infection or disability liable to affect capacity to box in the country being visited. Such document must be accompanied with blood analysis results for HIV, Hepatitis B and Hepatitis C. These documents should be scanned and uploaded to the registration platform.

If the IFMA Medical Declaration, blood test and athlete's consent form is not uploaded to the registration platform the documents must also be attached with the boxer book produced at the medical examination before the general weigh-in. The medical declaration form & blood test cannot be older than 6 months and should be in the ENGLISH language. In the case that laboratory reports are in a language other than English, it is the responsibility of the National Federation to ensure that the documents are officially translated and certified and those translations submitted together with the documents.

Doctors on duty at the medical checks are authorised to perform a urine spectrometer test for dehydration on any athlete at any given time should symptoms of dehydration be suspected. Any athlete with a urine density above 1.030 shall not be permitted to compete. Therefore, the method of cutting weight by fat versus water is highly encouraged.





All athletes & coaches will also need to complete the declaration of weight control which is on P.3 of the IFMA Medical Declaration Form.

All female contestants must sign the non-pregnancy declaration which is at the bottom of the IFMA Medical Declaration Form to confirm that they are not pregnant at the time of the championships.

Changing Weight Divisions

On the morning of the official weigh-in, if a contestant finds his/her weight above the previous declared weight, he/she is permitted to move up to a higher weight division.

Drawing of Names

The Draw will be carried out after the final Official Medical Check-up and Weigh-in. During this, the team manager or coach or a selected representative from each country must be present.

Appearance of Contestant

A contestant participating in the European Muaythai Championships 2019 must wear the official IFMA/ EC2019 uniform shorts and sleeveless shirt in red or blue, according to his/her corner. The uniform must be purchased from IFMA at the Team Manager meeting. The contestant must wear a Mongkol (sacred headband) during the Wai Kru before the fight. An amulet may be worn around the upper arm or wrist but must be neatly covered. The contestant must wear the standard head-guard, gloves, shin guard and elbow guard as provided by the Organizing Committee. No others may be substituted. Contestants are required to wear their own groin-guard (male & female), breast protection (female only) & gum-shields. Toenails must be short.





Hand Wraps

Contestants participating in the European Muaythai Championships 2019 must use the wraps provided by the Organising Committee which will be included in the uniform set.

Timing of Rounds

EC Junior 16-17 & 14-15 Divisions

Bouts will be contested over 3 rounds of 2 minute each. A full 1 minute of rest shall be given between the rounds.

EC Junior 12-13 Divisions

Bouts will be contested over 3 rounds of 1 minute and 30 seconds each. A full 1 minute of rest shall be given between the rounds.

****Stopping of the contest for warning, cautions, counting, putting clothing or equipment into order or for any other reason is not included in the period of round. No additional round may be given.**





Additional Rules & Regulations

Youth 12-13 Division

Only punches and kicks to the head are permitted. Knees and elbows to the head are strictly prohibited. Knee and elbow strikes are permitted to the body only.

Competition Conduct

All athletes and officials must behave accordingly to the IFMA code of ethics (See - <http://www.ifmamuythai.org/technical-reference/ifma-code-of-ethics/>) - as a good sportsman and follow the rules and regulations as laid out. Contestants and officials will be penalised for any violations.

Ringside Doctor

There shall always be a doctor ringside. One doctor will be appointed as Chairman.

Awards and Prizes

In each division, the winner of the Final bout will be the Champion and awarded with the Gold medal. The other finalist will receive the Silver medal and 2 Bronze medals will be awarded to the 2 semi-finalists.

