

IFMA/EMF European Championships 2018 RULES AND REGULATIONS

The Rules and Regulations presented hereafter are in accordance with the current rules and regulations of the International Federation of Muaythai Amateur (IFMA/EMF), and European Muaythai Federation approved by the Technical Committee and the Executive Board of IFMA/EMF.

Athlete Eligibility

European Championships 2018 are open to all athletes that satisfy the following eligibility criteria. Entries are accepted from any national federation affiliated to IFMA/EMF. In countries where there does not yet exist a member National Federation, IFMA/EMF reserves the right to accept entries on a basis of special invitation.

Athlete eligibility: All competitors must satisfy the following conditions to be considered an "eligible athlete":

Minimum and Maximum Age Limits

- A contestant in the Senior Elite Male or Senior Female Division must be at least 17 years old, but not more than 40 years old.
- A contestant in the Competitive Class Male Division must be at least 18 years old, but not more than 23 years old.
- Only countries which enter at least 3 athletes in Elite class are entitled to enter athletes into Competitive Class.
- Athletes which won gold medal in Competitive Class at previous events have to be registered in the Elite Class for upcoming events
- Competitive Class is open only to athletes aged 18-23 yrs, as per IFMA Rules & Regulations.
- A contestant in the Junior Male or Female Division must be at least 16 years old, but not more than 17 years old.
- Each Competitive Class entry will be subject to screening and approval by the IFMA international office headed by the Technical Delegate and assisted by Gleb Kalita. Those that have not already done so, please complete the [Entry By Numbers Form](#).

*For any clarification on this rule, please see: <http://www.ifmamuaythai.org/technical-reference/muaythai-rules/25-minimum-maximum-age-limit/>



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Other requirements

- A contestant must not be ranked in the Top 10 in any professional Thai stadium.
- A contestant must be of the same nationality as the National Federation, which has entered them. Proof of identity will be established by production of a passport or an official document or its copy from the country for which the competitor has been entered, along with a Boxer Book upon registration/weigh in. If a competitor has more than one nationality, such competitor can only represent one country and thereafter may not represent any other country, until after a period of three (3) years has elapsed. If the two federations concerned desire, they can ask IFMA/EMF to reduce or even to suppress this delay in conformity with the IFMA/EMF Rules and Regulations.
- The IFMA/EMF Executive Board reserves the right to allow participants to represent the country of which they are a permanent residence instead of their passport nationality, given that the boxer has never represented the country of origin on their passport.

Divisions of the Competition

****Note:** If there are less than 3 entries in any division, the competition will not be held for that division.

Senior Divisions & B Class Male:

KG	B	M	F
45	✓		✓
48	✓	✓	✓
51	✓	✓	✓
54	✓	✓	✓
57	✓	✓	✓
60	✓	✓	✓
63.5	✓	✓	✓
67	✓	✓	✓
71	✓	✓	✓
75	✓	✓	✓
+75			✓
81	✓	✓	
86	✓	✓	
91	✓	✓	
+91	✓	✓	

Youth divisions 16-17 years

KG	16-17 M	16-17 F
42		✓
45	✓	✓
48	✓	✓
51	✓	✓
54	✓	✓
57	✓	✓
60	✓	✓
63.5	✓	✓
67	✓	✓
71	✓	✓
75	✓	✓
+75		✓
81	✓	
86	✓	
91	✓	
+91	✓	



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Participating Teams

- National teams of all IFMA/EMF Members (*with membership fees paid up to 2018) are invited to participate at the championships.
- Each country is allowed to send only one national team to participate in the championships.
- Each team is allowed to send only one contestant for each weight category of each division (male, female).
- For every 6 athletes entered, each team MUST enter at least 1 Team Technical Official (R&J)

Medical Check-up and Weigh-in

All contestants must have a Medical Check-up and Official Weigh-in on the opening day of the Championships outlined in the technical handbook. Each contestant must then have a Medical Check-up and Weigh-in in the morning of their competition for each bout. Boxers Record Book (Membership Books) must be presented at every Medical Check-up. As per IFMA Rule 23, all contestants must have in their possession, the IFMA Medical Declaration form which can be found at: (<http://www.ifmamuaythai.org/technical-reference/athletes-medical-declaration-form/>) signed by an authorized doctor of medicine, stating that prior to leaving his country he was in good physical condition and not suffering from any injury, infection or disability liable to affect his capacity to box in the country being visited. Such document must be accompanied with blood analysis results for HIV, Hepatitis B and Hepatitis C. These documents must be scanned and sent to medicalform@ifmamuaythai.org prior to first official weigh-in stating:

COUNTRY/NAME/SURNAME of the athlete in the Subject field of the email message.

These documents must also be attached with the boxer book produced at the medical examination before the general weigh-in. The medical declaration form & blood test cannot be older than 6 months and should be in the ENGLISH language. In the case that laboratory reports are in a language other than English, it is the responsibility of the National Federation to ensure that the documents are officially translated and certified and those translations submitted together with the documents.

Doctors on duty at the medical checks are authorised to perform a urine spectrometer test for dehydration on any athlete at any given time should symptoms of dehydration be suspected. Any athlete with a urine density above 1.030 shall not be permitted to compete. Therefore, the method of cutting weight by fat versus water is highly encouraged.



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Please be aware that according to the updated medical regulations set forth by the IFMA Medical Commission, an athlete may be disqualified from competition if the athlete's weight is over the registered weight category in which the athlete will be competing for the event by the following percentages in the weeks leading up to the 1st official weigh-in as follows:

Over 8% @ 4-WEEKS PRE-OFFICIAL WEIGH-IN // 3rd June 2018
Over 6% @ 3-WEEKS PRE-OFFICIAL WEIGH-IN // 10th June 2018
Over 4% @ 2-WEEKS PRE-OFFICIAL WEIGH-IN // 17th June 2018
Over 2% @ 1-WEEK PRE-OFFICIAL WEIGH-IN // 24th June 2018

All athletes & coaches will also need to complete the declaration of weight record in the 4-week lead up to the tournament which is on P.2 of the IFMA Medical Declaration Form accordingly to the dates stipulated above.

All female contestants must sign the non-pregnancy declaration which is at the bottom of the IFMA Medical Declaration Form to confirm that they are not pregnant at the time of the championships.

Changing Weight Divisions

On the morning of the official weigh-in, if a contestant finds his/her weight above the previous declared weight, he/she is permitted to move up to a higher weight division.

Drawing of Names

The Draw will be carried out after the final Official Medical Check-up and Weigh-in. During this, the team manager or coach or a selected representative from each country must be present.

Appearance of Contestant

A contestant must wear the official IFMA/EMF EC2018 uniform shorts and sleeveless shirt in red or blue, according to his/her corner. The uniform must be purchased from IFMA/EMF at the Team Manager meeting. The contestant must wear a Mongkon (sacred headband) during the Wai Kru before the fight. An amulet may be worn around the upper arm or wrist but must be neatly covered. The contestant must wear the standard head-guard, gloves, shin guard and elbow guard as provided by the Organizing Committee. No others may be substituted. Contestants are required to wear their own groin-guard (male & female), breast protection (female only) & gum-shields. Toenails must be short. Beard must be clean shaven.



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Hand Wraps

Contestants must use the wraps provided by the Organizing Committee which will be included in the uniform set.

Timing of Rounds

Bouts will be contested over 3 rounds of 3 minutes each for both male and female competitors. A full 1 minute of rest shall be given between the rounds.

****Stopping of the contest for warning, cautions, counting, putting clothing or equipment into order or for any other reason is not included in the period of round. No additional round may be given.**

Competition Conduct

All contestants must behave accordingly to the IFMA/EMF code of ethics (See - <http://www.ifmamuythai.org/technical-reference/ifma-code-of-ethics/>) - as a good sportsman and follow the rules and regulations as laid out. Contestants will be penalised for any violations.

Ringside Doctor

There shall always be a doctor ringside. One doctor will be appointed as Chairman.

Appealing Decisions

All appeals should be in accordance with the rules & regulations of the International Federation of Muaythai Amateur (IFMA/EMF) for international tournaments and competitions.

Awards and Prizes

In each division, the winner of the Final bout will be the Champion and awarded with the Gold medal. The other finalist will receive the Silver medal and 2 Bronze medals will be awarded to the 2 semi-finalists.



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